



JAPANESE SOCIETY OF  
LIFESTYLE MEDICINE

**Save the Date**

**Japanese Society of Lifestyle Medicine**

**The 4<sup>th</sup> Annual Academic Meeting**

**Lifestyle Medicine in Japan:  
Current Status and Future Practice**

**Friday March 7<sup>th</sup>, 2025 19:00~ (Zoom)**

**Saturday March 8<sup>th</sup>, 2025 19:00~(Tokyo)**

**Sunday March 9<sup>th</sup>, 2025 All Day (Tokyo)**

\*Can obtain 20 CME with live attendance

**President/Chair: Ryutaro Shirahama**  
(Director, RESM Medical Corporation)

**Secretary-General: Kyosuke Miyamoto**  
(The Queen's Medical Center, Hawaii)

Contact

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